



2010 Exxcel Gymnastics

Girls Team Schedule

Class	Mon	Tue	Wed	Thurs	Fri	Sat	Sun
Girls Pre-Team A (3 hr/wk)		3:30-5:00		3:30-5:00			
Girls Pre-Team B (3 hr/wk)			3:30-5:00		3:30-5:00		
Girls Pre-Team C (2 hr/wk)						10:00-12:00	
Exxcel Dynamos Advanced (5 hrs/wk)	4:00-6:00				4:00-7:00		
Girls Level 4 A (8 hrs/wk)	4:00-6:30		4:00-6:30		4:30-7:30		
Girls Level 4 B (8 hrs/wk)		4:45-7:15		4:45-7:15		11:15-2:15	
P.R.E.P. Optional Team Novice (6 hrs/wk)		5:15-8:15		5:15-8:15			
P.R.E.P. Optional Team Intermediate (8 hrs/wk)		5:15-8:15		5:15-8:15		7:00-9:00	
P.R.E.P. Optional Team Advanced (9 hrs/wk)	6:00-9:00		6:00-9:00		5:00-8:00		
Girls Level 5 (13 hrs/wk)	4:45-7:45		4:45-7:45	4:30-7:30		7:00-11:00	
Girls Level 6 (17 hrs/wk)	4:30-7:30		5:00-8:30	5:00-8:30	4:00-7:00	7:00-11:00	
Girls Team 7 (18 hrs/wk)	4:30-8:30	5:00-8:30	5:00-8:30		4:00-7:00	11:00-3:00	
Girls Team 8-10 (25 hrs/wk)	5:00-9:00	5:00-9:00	5:00-9:00	5:00-9:00	4:00-9:00	11:00-3:00	

note:

There is a \$40.00 annual enrollment fee/family \$50.00. Pricing and schedule may vary.

Where Kids Matter Most



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