



## 2026-2027 Team Schedule

	<u>Mon</u>	<u>Tue</u>	<u>Wed</u>	<u>Thurs</u>	<u>Fri</u>	<u>Sat</u>	<u>Sun</u>	<i>Hrs per wk</i>
<b><u>GIRLS GYMNASICS TEAM</u></b>								
<b>Girls Dynamos Advanced Team</b>			5:00pm - 7:15pm				8:00am - 9:45am	4
<b>Girls Pre-Team</b>	3:30pm - 5:30pm				3:30pm - 5:30pm			4
<b>Girls Level 2</b>			3:30pm - 6:00pm		3:30pm - 6:00pm	12:15pm - 2:15pm		7
<b>Girls Level 4</b>		4:00pm - 7:30pm		4:00pm - 7:30pm		8:30am - 11:30am		10
<b>Girls Level 5/6</b>	4:00pm - 7:15pm		4:00pm - 7:30pm		4:00pm - 8:00pm	11:30am - 1:45pm		13
<b>Girls Level 7</b>	4:30pm - 8:15pm	4:30pm - 8:15pm		4:30pm - 8:30pm	4:30pm - 7:30pm	7:00am - 10:30am		18
<b>Girls Level 8/9/XcelSapphire</b>	4:15pm - 8:15pm	5:15pm - 8:30pm	5:15pm - 9:15pm	5:15pm - 9:15pm		7:00am - 10:00am		18
<b>Girls Level 9</b>	5:15pm - 9:15pm	5:15pm - 9:15pm	5:15pm - 9:15pm		5:15pm - 9:15pm	10:00am - 1:00pm		19
<b>Girls Level 10</b>	5:15pm - 9:15pm	5:15pm - 9:15pm	5:15pm - 7:15pm	4:15pm - 8:15pm	4:30pm - 7:30pm	7:00am - 10:00am		20
<b>Xcel Bronze</b>		5:45pm - 8:15pm		5:45pm - 8:15pm				5
<b>Xcel Silver</b>	5:30pm - 8:30pm		6:00pm - 9:00pm					6
<b>Xcel Gold</b>		7:00pm - 9:15pm		7:00pm - 9:15pm			9:30am - 1:00pm	8
<b>Xcel Platinum</b>	6:15pm - 9:15pm		6:15pm - 9:15pm		6:15pm - 9:15pm		8:00am - 12:00pm	13
<b>Xcel Diamond</b>	6:15pm - 9:15pm		6:15pm - 9:15pm	6:15pm - 9:15pm	6:15pm - 9:15pm		8:00am - 12:00pm	16
<b><u>BOYS GYMNASICS TEAM</u></b>								
<b>Boys Pre-Team</b>		4:30pm - 6:00pm		4:30pm - 6:00pm				3
<b>Boys Team 3</b>	4:15pm - 6:15pm		4:15pm - 6:15pm		4:15pm - 6:15pm			6
<b>Boys Team 4</b>		6:00pm - 8:30pm		6:00pm - 8:30pm		7:00am - 10:00am		8
<b>Boys Team 5/6/7</b>	5:45pm - 8:45pm		5:45pm - 8:45pm		5:45pm - 9:15pm	10:30am - 2:00pm		13

\*There is a \$40.00 annual enrollment fee/family \$50.00.

\*Pricing and schedule may vary.

*EXXCEL GYMNASICS LLC, 88 WELLS AVE., NEWTON, MA 02459. TEL: (617)-244-3300*